

●●チームバレーボール体力指数 (800点満点)

2018.01.01 ●●トレーニングセンター フォーマット作成者 : Komuro Consulting Group 小室匡史

| no. | 氏名 | 学年 | 学校名 | 身長 | 体重 | 20m | | ProAgilityTest | | 3回跳び | | 垂直跳び | | ランニングジャンプ | | オーバーヘッドスロー | | 30秒シットアップ | | Yo-YoTest | | 総得点 All pts | 総順位 Rank |
|------|------|----|---------|-------|-------|-----------|-----------|----------------|-----------|---------|-----------|----------|-----------|-----------|-----------|------------|-----------|-----------|-----------|-----------|-----------|----------------|-------------|
| | | | | | | 記録 sec | 得点 pts | 記録 sec | 得点 pts | 記録 m | 得点 pts | 記録 cm | 得点 pts | 記録 cm | 得点 pts | 記録 m | 得点 pts | 記録 回 | 得点 pts | 記録 m | 得点 pts | | |
| 1 | ■■■■ | 中3 | ◆◆◆中学校 | 172.7 | 54.70 | 3.28 | 72 | 4.92 | 68 | 6.91 | 69 | 50 | 60 | 69 | 69 | 12.60 | 66 | 34 | 68 | 1320 | 76 | 548 | 1 |
| 2 | ■■■■ | 中3 | ◆◆学園中学校 | 167.9 | 54.10 | 3.24 | 76 | 4.87 | 73 | 7.81 | 78 | 59 | 69 | 65 | 65 | 9.50 | 35 | 32 | 64 | 1000 | 60 | 520 | 2 |
| 3 | ■■■■ | 中2 | ◆市立東中学 | 166.9 | 65.70 | 3.40 | 60 | 4.97 | 63 | 7.18 | 72 | 55 | 64 | 65 | 65 | 9.60 | 36 | 25 | 50 | 800 | 50 | 460 | 4 |
| 4 | ■■■■ | 中3 | ◆市立西中学 | 167.5 | 56.80 | 3.40 | 60 | 4.97 | 63 | 7.63 | 76 | 58 | 67 | 63 | 63 | 8.20 | 22 | 31 | 62 | 1000 | 60 | 473 | 3 |
| 5 | ■■■■ | 中3 | ◆◆付属中学校 | 181.5 | 63.60 | 3.61 | 39 | 5.38 | 22 | 6.09 | 61 | 44 | 54 | 50 | 50 | 9.30 | 33 | 25 | 50 | 480 | 34 | 343 | 5 |
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| 平均値 | | | | | | 3.39 | 61 | 5.02 | 58 | 7.12 | 71 | 53 | 63 | 62 | 62 | 9.84 | 38 | 29 | 59 | 920 | 56 | 469 | |
| 標準偏差 | | | | | | 0.14 | 14 | 0.20 | 20 | 0.68 | 7 | 6.09 | 6 | 7.22 | 7 | 1.64 | 16 | 4.16 | 8 | 308.54 | 15 | 78.85 | |
| 最高点 | | | | | | 3.24 | 76 | 4.87 | 73 | 7.81 | 78 | 59 | 69 | 69 | 69 | 12.60 | 66 | 34 | 68 | 1320 | 76 | 548 | |
| 最低点 | | | | | | 3.61 | 39 | 5.38 | 22 | 6.09 | 61 | 44 | 54 | 50 | 50 | 8.20 | 22 | 25 | 50 | 480 | 34 | 343 | |
| 中央値 | | | | | | 3.40 | 60 | 4.97 | 63 | 7.18 | 72 | 55 | 64 | 65 | 65 | 9.50 | 35 | 31 | 62 | 1000 | 60 | 473 | |

