# ●●チームバレーボール体力指数（800点満点）

2018.01.01　●●トレーニングセンター　フォーマット作成者　：　Komuro Consulting Group　小室匡史

| no. | 氏名 | 学年 | 学校名 | 身長 | 体重 | 20m | | ProAgilityTest | | 3回跳び | | 垂直跳び | | ランニングジャンプ | | オーバーヘッドスロー | | 30秒シットアップ | | Yo-YoTest | | 総得点 | 総順位 |
|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|
| | | | | | | 記録 | 得点 | 記録 | 得点 | 記録 | 得点 | 記録 | 得点 | 記録 | 得点 | 記録 | 得点 | 記録 | 得点 | 記録 | 得点 | | |
| | | | | | | sec | pts | sec | pts | m | pts | cm | pts | cm | pts | m | pts | 回 | pts | m | pts | All pts | Rank |
| 1 | ■■　■■ | 中3 | ◆◆◆中学校 | 172.7 | 54.70 | 3.28 | 72 | 4.92 | 68 | 6.91 | 69 | 50 | 60 | 69 | 69 | 12.60 | 66 | 34 | 68 | 1320 | 76 | 548 | 1 |
| 2 | ■■　■■ | 中3 | ◆◆学園中学校 | 167.9 | 54.10 | 3.24 | 76 | 4.87 | 73 | 7.81 | 78 | 59 | 69 | 65 | 65 | 9.50 | 35 | 32 | 64 | 1000 | 60 | 520 | 2 |
| 3 | ■■　■■ | 中2 | ◆市立東中学 | 166.9 | 65.70 | 3.40 | 60 | 4.97 | 63 | 7.18 | 72 | 55 | 64 | 65 | 65 | 9.60 | 36 | 25 | 50 | 800 | 50 | 460 | 4 |
| 4 | ■■　■■ | 中3 | ◆市立西中学 | 167.5 | 56.80 | 3.40 | 60 | 4.97 | 63 | 7.63 | 76 | 58 | 67 | 63 | 63 | 8.20 | 22 | 31 | 62 | 1000 | 60 | 473 | 3 |
| 5 | ■■　■■ | 中3 | ◆◆付属中学校 | 181.5 | 63.60 | 3.61 | 39 | 5.38 | 22 | 6.09 | 61 | 44 | 54 | 50 | 50 | 9.30 | 33 | 25 | 50 | 480 | 34 | 343 | 5 |
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| 平均値 | | | | | | 3.39 | 61 | 5.02 | 58 | 7.12 | 71 | 53 | 63 | 62 | 62 | 9.84 | 38 | 29 | 59 | 920 | 56 | 469 | |
| 標準偏差 | | | | | | 0.14 | 14 | 0.20 | 20 | 0.68 | 7 | 6.09 | 6 | 7.22 | 7 | 1.64 | 16 | 4.16 | 8 | 308.54 | 15 | 78.85 | |
| 最高点 | | | | | | 3.24 | 76 | 4.87 | 73 | 7.81 | 78 | 59 | 69 | 69 | 69 | 12.60 | 66 | 34 | 68 | 1320 | 76 | 548 | |
| 最低点 | | | | | | 3.61 | 39 | 5.38 | 22 | 6.09 | 61 | 44 | 54 | 50 | 50 | 8.20 | 22 | 25 | 50 | 480 | 34 | 343 | |
| 中央値 | | | | | | 3.40 | 60 | 4.97 | 63 | 7.18 | 72 | 55 | 64 | 65 | 65 | 9.50 | 35 | 31 | 62 | 1000 | 60 | 473 | |

# ●●チームバレーボール体力指数

2018.01.01　●●トレーニングセンター　フォーマット作成者　：　Komuro Consulting Group　小室匡史

| no. | 氏名 | 生年月日 | 年齢 | 学年 | 都道府県名 | 学校名 | 利き腕 | ポジション | 身長 | 体重 | BMI | 体脂肪率 (FAT) | 除脂肪体重 (LBM) | 総得点 | 総順位 | 各順位 | | | |
|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|
| | | | | | | | | | | | | | | All pts | Rank | Ave | Max | Min | Median |
| 1 | ■■　■■ | 2002年6月6日 | 15 | 中3 | 愛知県 | ◆◆◆中学校 | 右 | WS | 172.7 | 54.70 | 18.3 | 17.4 | 45.2 | 548 | 1 | 2.0 | 1 | 4 | 2 |
| 2 | ■■　■■ | 2002年7月7日 | 15 | 中3 | 東京都 | ◆◆学園中学校 | 右 | WS／MB | 167.9 | 54.10 | 19.2 | 19.9 | 43.4 | 520 | 2 | 1.6 | 1 | 3 | 2 |
| 3 | ■■　■■ | 2003年8月8日 | 14 | 中2 | 大阪府 | ◆市立東中学 | 右 | S | 166.9 | 65.70 | 23.6 | 23.7 | 50.1 | 460 | 4 | 3.0 | 2 | 4 | 3 |
| 4 | ■■　■■ | 2002年9月9日 | 15 | 中3 | 神奈川県 | ◆市立西中学 | 左 | WS／OP | 167.5 | 56.80 | 20.2 | 21.4 | 44.6 | 473 | 3 | 3.0 | 2 | 5 | 3 |
| 5 | ■■　■■ | 2002年10月10日 | 15 | 中3 | 北海道 | ◆◆付属中学校 | 右 | WS／MB | 181.5 | 63.60 | 19.3 | 25.9 | 47.1 | 343 | 5 | 4.8 | 4 | 5 | 5 |
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# ●●チームバレーボール体力指数 （順位）

2018.01.01　●●トレーニングセンター　フォーマット作成者　：　Komuro Consulting Group　小室匡史

| no. | 氏名 | 学年 | 学校名 | 身長 | 体重 | BMI | 20m | | ProAgilityTest | | 3回跳び | | 垂直跳び | | ランニングジャンプ | | オーバーヘッドスロー | | 30秒シットアップ | | Yo-YoTest | | 総順位 |
|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|
| | | | | | | | 記録 sec | 順位 Rank | 記録 sec | 順位 Rank | 記録 m | 順位 Rank | 記録 cm | 順位 Rank | 記録 cm | 順位 Rank | 記録 m | 順位 Rank | 記録 回 | 順位 Rank | 記録 m | 順位 Rank | Rank |
| 1 | ■■　■■ | 中3 | ◆◆◆中学校 | 172.7 | 54.70 | 18.3 | 3.28 | 2 | 4.92 | 2 | 6.91 | 4 | 50 | 4 | 69 | 1 | 12.60 | 1 | 34 | 1 | 1320 | 1 | 1 |
| 2 | ■■　■■ | 中3 | ◆◆学園中学校 | 167.9 | 54.10 | 19.2 | 3.24 | 1 | 4.87 | 1 | 7.81 | 1 | 59 | 1 | 65 | 2 | 9.50 | 3 | 32 | 2 | 1000 | 2 | 2 |
| 3 | ■■　■■ | 中2 | ◆市立東中学 | 166.9 | 65.70 | 23.6 | 3.40 | 3 | 4.97 | 3 | 7.18 | 3 | 55 | 3 | 65 | 2 | 9.60 | 2 | 25 | 4 | 800 | 4 | 4 |
| 4 | ■■　■■ | 中3 | ◆市立西中学 | 167.5 | 56.80 | 20.2 | 3.40 | 3 | 4.97 | 3 | 7.63 | 2 | 58 | 2 | 63 | 4 | 8.20 | 5 | 31 | 3 | 1000 | 2 | 3 |
| 5 | ■■　■■ | 中3 | ◆◆付属中学校 | 181.5 | 63.60 | 19.3 | 3.61 | 5 | 5.38 | 5 | 6.09 | 5 | 44 | 5 | 50 | 5 | 9.30 | 4 | 25 | 4 | 480 | 5 | 5 |
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